

7 DAY

HABIT TRACKER

KEEPING TRACK OF YOUR HABITS CAN HELP YOU STAY ON TRACK AND ACHIEVE YOUR GOALS. FILL OUT YOUR TOP 12 GOALS AND MARK THEM OFF EACH DAY YOU SUCCESSFULLY COMPLETE THEM.

WEEK OF: _____

HABIT	S	M	T	W	T	F	S
01 READ THE BIBLE FOR 20 MINUTES	<input type="checkbox"/>						
02 READ A BOOK FOR 20 MINUTES	<input type="checkbox"/>						
03 GO OUTSIDE FOR 30 MINUTES	<input type="checkbox"/>						
04	<input type="checkbox"/>						
05	<input type="checkbox"/>						
06	<input type="checkbox"/>						
07	<input type="checkbox"/>						
08	<input type="checkbox"/>						
09	<input type="checkbox"/>						
10	<input type="checkbox"/>						
11	<input type="checkbox"/>						
12	<input type="checkbox"/>						

REFLECTION NOTES

